



The Four Hour Window

In over 100 cases, collected by the 300 FSM practitioners in the US and the 100 in Australia, new injuries produced by trauma, accidents, falls, or surgery respond dramatically to the effects of FSM. If FSM can be applied in the first four hours after the injury it is almost as if the inflammatory process never sets up. The current increases energy production in the cells and restores the normal bioelectric activity of the tissue. The frequencies that produce the most profound effect are the ones thought to reduce bleeding from torn or injured tissues and reduce inflammation. One hour of treatment, using these and many other frequencies, seems to be adequate to eliminate or greatly reduce the pain and greatly reduce the amount of time needed for healing. In most cases the patient is pain free within two to three days as long as there is no fracture. Fractures improve and heal at a rapid rate if treated within this four hour window. Soft tissue injuries are pain free in one to two days. The new injury protocols include frequencies thought and observed to improve concussion and cognitive function. At this time, only case reports document these effects but animal and functional MRI studies are planned.