



## Post Prostate Seed Implantation

- Presented by Shannon Goosen AP, LMT, CMTPT

**Symptom/Problem:** Patient had elevated PSA and chose radiation seed implantation. Concerns and fears of this procedure are: Permanent urinary incontinence issues, post procedure urinary retention, and impotence.

**Treatment:** Pre procedure use of FSM portable unit. Post op treatment: Pain reported a 7-8/10 pain level with urination pre treatment- post treatment 2-3/10 pain with urination and 0/10 with 2 treatments. Patient reports the change was dramatic and was very surprised as he was told to expect much more pain.

**Result:** Nurse reported in her 30+ years of post-op care she had never seen a patient sleep through the night or gets up only once to pee during the week following a seed implantation procedure. Patient was unable to use FSM for 9 days because of family health emergency and reported pain and burning with urination. He began using the portable unit again and pain dropped. Retesting PSA numbers are not usually done until 8-12 weeks post procedure because the literature shows an elevated number post procedure.