



## Enhancing Bone and Wound Healing

- Presented by Susan Spizer L.Ac.

**Symptom/Problem:** 4 Studies: Cervical spine discectomy, lumbar spine discectomy, Left ankle arthodesis with tibial bone graft, fracture of pubic bone.

**Treatment:** FSM treatment 8 hours post surgery, twice per day 1<sup>st</sup> week and daily after that.

**Result:** In the lumbar spine discectomy the patients surgeon said the patient has a 50% increase in healing and was very pleased in the patients overall recovery. The patient also had a 50% reduction in pain medication post op. Fsm helped in the detoxification process from pain medication.

In ankle arthodesis the stated at 6 weeks post-op “..Her fusion looks like it is coming along ahead of schedule.” At 10 weeks post-op the surgeon stated “..She has a solid ankle, she has no pain..” He projected patient will not walk for 6 months. At 13 weeks post-op the patient has nice subtalar motion and was weaning herself off the cane.

In the fracture of pubic bone the 78 year old patient was expected to stay for 3 months in an after care facility. At 7 weeks the patient was ambulatory with no pain. The physician released her from the hospital 5 weeks ahead of schedule.