



Diastasis, Lumbar Disc Pain, Chronic Low Back Pain:

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Symptom/Problem: Patient has chronic back pain that was unresolved with chiropractic alone. The patient experienced large amounts of pain after traveling. Once evaluated a moderate separation of rectus abdominis was noted.

Treatment: One blue box FSM treatment 1 hour in length of core muscles. Custom care unit for nerve acute resolved pain in 35 minutes.

Result: Lower back pain has not reoccurred since treatments.

Symptom/Problem: Patient traveled cross-country by plane which resulted in intense pain in right leg, antalgia and muscle spasms in right gastrocnemius.

Treatment: Patient used FSM during his trip running CTF-pol. CTF-pol was switched to alternating which decreased the pain. Patient continued with custom care for 8 weeks. After that neuromuscular therapy was added. The pain persisted while significantly less.

Result: Patient could stand evenly on both legs. All neurological symptoms resolved. Cramping began to resolve and mobility was increased. The patient aggravated stenosis after flying again but quickly resolved.

Symptom/Problem: Patient has 8 children that have left the abdominal muscles unable to contract. She has bilateral psoas weakness and pain in her left leg from varicose veins.

Treatment: Patient has two treatments. The first was 2 hours 20 minutes over the abdomen. She instantly felt taller, clothes fitting better and pants easier to zip up. The second treatment was 5 hours in which different areas were treated and the concussion protocol ran for 3 hours.

Result: After 6 months the patient had no lower back pain, no abdominal separation and the abdomen was not bulging.