



## **Cervical Ripening and Dyspareunia:**

Presented by John Cayle, MD

**Symptom/Problem:** Patient had prior 4 degree tear with first child. Since then, vaginal intercourse was not possible. Even exams were too painful to consider insemination. The female conceived an unplanned pregnancy with the use of alcohol. Plan was to get a perineoplasty at time of vaginal delivery.

**Treatment:** Patient received PP and Post-op protocols each day in the hospital for three days. Then patient participated in five more treatments of Post-Partum care.

**Result:** After 2 weeks the patient's perineum was completely healed. At 4 weeks the patient had no pain during an examination. Patient tested her repair prior to her 6-week check up and is ecstatic.